The Boucles de la Seine Normande Regional Natural Park

Distance from the Maison du Parc in Notre-Dame-de-Bliquetuit (76940)

- Beauvais: 81 miles -130 km
- Boulogne-sur-Mer: 129 miles - 208 km
- Cherbourg: 146 miles - 236 km
- Dieppe: 50 miles - 81 km
- Deauville: 51 miles - 83 km
- Dieppe: 50 miles - 81 km
- Le Havre: 36 miles - 59 km
- Mont-Saint-Michel: 147 miles - 238 km
- Ouistreham: 76 miles - 120 km
- Paris: 80 miles - 130 km
- Rouen: 19 miles via the river ferry Yainville/Heurteauville (on Sundays and bank holidays: river ferry Jumièges/Heurteauville) - 32 km
- Rouen: 19 miles via the river ferry Yainville/Heurteauville (on Sundays and bank holidays: river ferry Jumièges/Heurteauville) - 32 km

By train
- Train station in Rouen from Lille, Paris, Lyon and Marseille (TGV), Caen.
- Train station in Yvetot from Paris, Rouen and Le Havre.

By plane
- Deauville Normandy airport deauville.aeroport.fr
- Beauvais airport aeroportparisbeauvais.com
- Paris airports parisaeroport.fr

How to get there

Access is possible by motorway (A28) between Rouen and Le Havre.

Where to watch birds

The Fruit Trail

51 French Parks

Parks that have published a booklet of this kind “Where to watch birds”

- Brière Regional Natural Park parc-naturel-briere.fr
- Brenne Regional Natural Park parc-naturel-brenne.fr
- Forêt d’Orient Regional Natural Park pnr-foret-orient.fr
- Haut-Languedoc Regional Natural Park parc-naturel-haut-languedoc.fr
- Littorale-Arcachon Bay Regional Natural Park parc-littoral-arcachon-bayonne.fr
- Marais du Cotentin et du Bessin Regional Natural Park pnr-cotentin-bessin.fr
- Normandy Regional Natural Park parc-naturel-normandie.fr
- Parc des Calvados Regional Natural Park parc-calvados.fr

You are in a Regional Natural Park. Please stay to public rights-of-way and do not enter private property.

Do respect animals and don't pick plants.

This project has been brought to you with the technical help of from our partners:
the hills and alluvial terraces offer a diversity of landscapes, environments and habitats conducive to the presence of a remarkable and original biodiversity, of national or even international importance.

**A destination of choice for birds**

Ideally located between the sea, the river and the land, the park is of great interest for birds. Wet meadows, rivers and streams, expanses of water, marshes, mudflats, reed beds, cliffs, and forests are all environments that host a very diverse range of species. The wetlands and water bodies are home to the largest number of species. “Wetland Birds”, a brochure published in 2016, focuses on these. This related document offers a detailed presentation of the main observation sites.

**BIRD-WATCHING HOLIDAYS**

*Encounters with the Birds of the Seine Valley*

LPO Normandy (League for the Protection of Birds), and the travel agency Escursia offer a tour of the landscapes, natural environments and the many species they are home to.

Over three days, discover the local biodiversity and the marsh birds of Heurteauville (near trail no. 3), reed beds (trail no. 8), the limestone hillsides and alluvial terraces of Amfreville-sous-les-Monts (located outside the regional park, between Rouen and Giverny).

**For more informations:**

ESCURSIA – voyager curieux
escursia.fr
ronan@escursia.fr
Tel. +33 (0)2 53 35 40 29
Where to observe Wildlife

Between rivers, marshes, ponds, limestone hillsides, forests, and culture, the territory of the Boucles de la Seine Normande Regional Natural Park is home to hidden treasures of biodiversity. It comprises the majority of the protected spaces in the former Haute-Normandie region.

The extensive woodlands, including the national forests of Brotonne, Trait-Maulévrier and Roumare, harbour large wild mammals such as red deer, roe deer and wild boar, as well as badgers, foxes and squirrels. In some loops of the river, Melolontha (cockchafer) swarms at regular intervals in the spring and Lucanus cervus (stag beetle) is locally common. The forest ponds are interesting due to the presence of newts (including the alpine newt) and dragonflies such as Cordulia aenea and Aeshna cyanea. Hedgerows and orchards dot the territory. These wooded areas close to the plains are a refuge for species that look for old wood, such as Osmoderma eremita (hermit beetle, to the east of the territory) or the Midas tree-weaver spider (Midia midas).

On the plateaux, agricultural activity has produced ponds, rich in amphibians (the agile frog, four species of newts, and more). A diverse flora is also present including cattails, common water-crowfoot, sweet grasses and water-starworts. This is the kingdom of the dragonflies, with more than 40 species, including Crocothemis erythraea. Butterflies are to be seen, such as the swallowtail or the wood white. The Gyrillus campestris cricket can be observed on embankments and meadows.

In the marshes, there is an explosion of life. The vegetation is typical of wetlands (marsh iris, grassy rush, marsh orchid, pondweeds, as well as water violet and bog pimpernel, both of which are protected at the regional level). New species of amphibians may be added to those mentioned.
above (European tree frog, common parsley frog, natterjack toad, and more). Dragonflies abound, and remarkable species are present such as *Libellula fulva*, *Coenagrion scitulum*, *Ischnura pumilio* and *Coenagrion pulchellum*. The Mazarine blue butterfly frequents the wetlands. Other native insects found in these environments are *Gryallotalpa*, *Stetophyma grossum* and even *Copris lunaris* in the Vernier Marsh.

Near springs, the southern damselfly, Villequier’s snail (an endemic mollusc) and salamanders are remarkable species. The valley’s water bodies provide a habitat for many species of fish. The water courses (Corbie, Austreberthe, etc.) which join the Risle or the Seine constitute important migration routes for migrant species such as salmon, sea trout or lampreys, which breed in them. The eel comes here to grow. Estuarine fish such as the flounder, the European smelt and the thinlip mullet all frequent the Seine for all or part of their life cycle. The mudflats close to the Pont de Normandie act as nurseries for benthic fauna (molluscs, crustaceans), migratory birds and fish.

### Pollard trees

These curious trees are often willow, alder and ash trees in the damp soils of the valleys, and hornbeams or oaks in the bocage landscapes of the plateaux, which have drier soils. Their regular size forms a characteristic bulge surmounted by a crown of branches. They constitute an ecosystem all their own: often hollow, their cavities house small mammals, insects such as the hermit beetle and cavity-nesting birds such as the little owl.

### Marsh iris

Also known as the yellow iris, this flower is characterized by its long green leaves and its yellow flower which resembles the fleur de lys and blossoms in the month of June. It grows in tufts in wetlands and flooded areas.

### Clos-masure

The clos-masure is representative of the rural habitat and the agriculture of Pays de Caux. It comprises an enclosure surrounded by an embankment planted with tall trees (beech, ash, oak) which contains an orchard, farm buildings, the farmhouse, and a pond. In the shade of the trees, the embankment is home to anemones and hyacinths, just as in the natural forest.
This complete route allows visitors to discover the heritage of the Seine Valley (landscape, biodiversity and buildings). You will cross one of the best areas of the Regional Natural Park for the corncrake and other birds of wet meadows. The hedgerows which criss-cross the marshes are home to many nesting birds and the little owl. The forests that dominate the valley provide territories for birds of prey, populations of woodpeckers and large mammals.
**BOULDES DE LA SEINE NORMANDE REGIONAL NATURAL PARK**

**Birds that can be seen here**

*All year round*

Cetti’s warbler, Black woodpecker, Middle spotted woodpecker, Great egret.

*Spring / Summer*

Marsh warbler, Golden oriole, Honey buzzard, Corncockle, Whinchat, White stork, Hobby, Grasshopper warbler, Nightjar, Nightingale.

**Fauna**

Wild boar, Red deer, Great crested newt, Agile frog, Alpine newt, Hermit beetle, dragonflies.

**Flora**

Narrow-leaved water-dropwort, Ragged robin.

**Sites open to visitors**

**Abbaye Saint-Georges-de-Boscherville**

Abbaye built in the 12th century. Open all year.

[abbaye-saint-georges.com](http://abbaye-saint-georges.com)

**Ferme des Templiers**

Templar Farm. Physic garden in a medieval enclosure. Open in June and September.

[ferme-des-templiers.rouentourisme.com](http://ferme-des-templiers.rouentourisme.com)

**Activities**

**Espace Normandie Aventure**

Forest adventure routes.

[espaceaventure.com](http://espaceaventure.com)

**Parc animalier de Roumare**

Animal park. Between Rouen and Saint-Martin-de-Boscherville, the Roumare forest is home to a 26 ha enclosure for observing red deer, fallow deer, roe deer and wild boar in their natural environment. Open all year. Free entry. Pedestrians and bicycles.

**Where to sleep**

Many guest houses and rental cottages.

[gites-normandie-76.com](http://gites-normandie-76.com)
[clevacances.com](http://clevacances.com)

**Where to eat**

**Restaurant "La Belle de Mai"**

Place de l’Abbaye

76840 Saint-Martin-de-Boscherville

Tel. +33 (0)2 32 80 18 38

**Worth knowing**

Medical centre - Pharmacy.

Bakery.

**For more tourist informations**

**Rouen Normandie Tourisme et Congrès**

25, place de la Cathédrale

76000 Rouen

accueil@rouentourisme.com

[rouentourisme.com](http://rouentourisme.com)

Tel. +33 (0)2 32 08 32 40

**Seine-Maritime Tourisme**

[seine-maritime-tourisme.com](http://seine-maritime-tourisme.com)
In the vicinity of orchards, wet meadows and woodlands, many water bodies occupy former gravel pits in this loop of the Seine. These favour the presence of aquatic birds, easily observable throughout the year. Many ducks spend the winter there. In spring, the songs of passerines emerge from the shrubs and hedgerows.

Close to the trail laid out by the GON (Normandy Ornithological Group), the water body located to the south is equipped with a hide (see map).
**Birds that can be seen here**

**All year round**
Great egret.

**Spring / Summer**
Melodious warbler, Nightingale, Cetti’s warbler, Lesser whitetroat, Grasshopper warbler, Marsh warbler.

**Autumn / Winter**
Tufted duck, Pochard, Shoveler, Gadwall.

**Fauna**
Natterjack toad, Hermit beetle, Sand lizard.

**Flora**
*Centaurea cyanus.*

**Nearby attractions**
**La route des fruits**
The Fruit Trail, which runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair, passes by the loops of Jumièges and Anneville-Ambourville, where this trail is located. This offers the chance to meet the local producers and enjoy red berries, cherries, plums, apples and pears, according to the season. For more information: see the “Fruit Trail” brochure on pnr-seine-normande.com

**Where to sleep**
**Guest houses and rental cottages:** Duclair, Yville-sur-Seine, Bardouville.
*gites-normandie-76.com*
*clevacances.com*

**Where to eat**
**Restaurants:** Duclair.

**Worth knowing**
**Small supermarket**
Closed on Wednesdays and Sunday afternoons.
394, rue Monseigneur Lemonnier
76480 Anneville-Ambourville

**All shops and services:** Duclair.

**The Seine Ferry**
A unique curiosity in France to cross the Seine river. The ferry for the Berville-sur-Seine/ Duclair crossing runs every day. Free service.
Timetables : pnr-seine-normande.com
Entry “Informations pratiques”.

**Activities**
**CVAS**
Water activities. Accommodation may also be booked.
653, route du Marais Brésil
76480 Anneville-Ambourville
cvas.fr

**Activities for groups and individual**
The GON (Normandy Ornithological Group) organizes bird-watching outings.
For more informations: http://gonm.org/index.php?pages/Calendrier

**For more tourist informations**
**Rouen Normandie Tourisme et Congrès**
25, place de la Cathédrale
76000 Rouen
accueil@rouentourisme.com
rouentourisme.com
Tel. +33 (0)2 32 08 32 40

**Seine-Maritime Tourisme**
seine-maritime-tourisme.com
The Monks’ path passes through the wetlands and the orchards of Jumièges to the Brotonne forest. This trail is ideal for observing the different landscapes of the Seine Valley and the diversity of species they harbour. The proximity of the forests mean there are many birds of prey.

**The peat bog of Heurteauville: a bird hide**

**Sensitive Natural Area**

The Seine-Maritime Department is creating a discovery trail with a bird hide. **Opening planned for 2019.** In addition to remarkable flora and fauna (bats, hazel dormouse, royal fern, sundews, bog myrtle), this area has more than 139 species of birds!

**Birds that can be seen here**

**All year round**
Goshawk, Peregrine falcon, Black woodpecker, Middle spotted woodpecker, Little owl, Great white egret, Hawfinch.

**Spring / Summer**
Honey buzzard, Hobby, Nightjar.

**Fauna**
Wild boar, Red squirrel, Pine marten, Crested newt, Agile frog, Alpine newt, Tree frog, Forest dragonflies.

**Flora**
Ivy-leaved crowfoot (*Ranunculus hederaceus*).
Sites open to visitors
Abbaye de Jumièges
Abbey open all year. abbayedejumieges.fr

La route des fruits
The Fruit Trail runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair, passes by the loops of Jumièges and Brotonne. This offers the chance to meet the local producers and enjoy red berries, cherries, plums, apples and pears, according to the season.
Find out more: “Fruit Trail” brochure in French/English on pnr-seine-normande.com

Activities
Base de loisirs
Leisure center with bathing, water activities, Planet Adventure… Accommodation for groups may also be booked. Restaurants. 76480 Mesnil-sous-Jumièges basedejumieges.com

Golf de Jumièges
Eco-golf: 18 holes, and 9-hole compact course, 50-bay driving range, of which 20 are covered, putting green. Accommodation for groups may also be booked. Restaurant “Les terrasses de Jumièges” open to all 7 days a week at midday. Open all year. 76480 Mesnil-sous-Jumièges www.golfdejumieges.fr

Where to sleep
Guest houses and rental cottages Jumièges, Le Mesnil-sous-Jumièges, Heurteauville, Arelaune-en-Seine gites-normandie-76.com clevacances.com

Campgrounds
Jumièges, Le Mesnil-sous-Jumièges, Arelaune-en-Seine

Service areas for camper vans
Outside camp grounds. Jumièges, Heurteauville, Arelaune-en-Seine

Where to eat
Restaurants: Jumièges and Arelaune-en-Seine.

Worth knowing
Pharmacy: Yainville and Arelaune-en-Seine.
Medical centre, all shops and services: Jumièges and Arelaune-en-Seine.

The Seine Ferry
A unique curiosity in France to cross the Seine river. The ferry for Jumièges/Heurteauville crossing, runs every day. Free service. Timetables: pnr-seine-normande.com
Under “Informations pratiques”.

For more tourist informations

JUMIÈGES
Rouen Normandie Tourisme et Congrès
25, place de la Cathédrale
76000 Rouen
accueil@rouentourisme.com rouentourisme.com
Tel. +33 (0)2 32 08 32 40

Bureau d’information touristique
Rue Guillaume le Conquérant
76480 Jumièges
Tel. +33 (0)2 35 37 28 97

HEURTEAUVILLE & ARELAUNE-EN-SEINE
Office de Tourisme Caux vallée de Seine
Place du Général de Gaulle
76490 Caudebec-en-Caux
office@tourismecauxseine.com tourismecauxseine.com
Tel. +33 (0)2 32 70 46 32

Seine-Maritime Tourisme
seine-maritime-tourisme.com

⚠️ Hunting is practised in the Brotonne forest!
To find out the dates and the areas where it may be practised, consult the website of:
Office National des Forêts : onf.fr (Région Seine Nord)
ag.haute-normandie@onf.fr Tel. +33(0)2 35 14 20 20
This trail crossing the plateau, hillside and marshes, offers a “dive” into the heart of the Vernier Marsh (marais Vernier), a vast 4,500-hectare amphitheatre created by a former meander of the River Seine. Located on an important bird migration corridor, Vernier Marsh, with the proximity of the Seine estuary and the lake of the Grand’Mare, is of great ornithological interest. This wetland of international importance was Ramsar classified in 2015. A hide built on the Grand’Mare reserve allows visitors to watch the lake and its surroundings and to search for reedbed birds in the right season. In the autumn, many migratory ducks come to enjoy the tranquillity of the site. The marsh is lined with hedgerows and orchards, which shelter many owls.
**Birds that can be seen here**

**All year round**
White stork, Great egret, Little owl.

**Spring / Summer**
Bluethroat, Osprey, Honey buzzard, Hobby, Marsh harrier, Marsh warbler, Golden oriole.

**Autumn/ Winter**
Shoveler, Gadwall, Teal, Wigeon, Bittern.

**Fauna**
Wild boar, Red squirrel, Alpine newt, Crested newt, Agile frog, Pool frog, Tree frog.

**Flora**
Marsh iris, *Caltha palustris*, Flowering rush (*Butomus umbellatus*).

**Nearby attractions**

**La route des chaumières**
From the Maison du Parc to the Vernier Marsh, the Thatched Cottage Trail runs along the Seine for 53 km towards its mouth and enhances this traditional habitat based on local resources: reeds, wood, clay.

For more informations: brochure "The Thatched Cottage Trail": pnr-seine-normande.com

**Diorama of the birds**
At the Grand’Mare hide.
Visit by appointment: Fédération Départementale des Chasseurs de l’Eure contact@fdc27.com
Tel. +33 (0)2 32 23 03 15

**The Vernier Marsh National Natural Reserve**
Located within the loop of the Vernier Marsh which is home to one of the largest peat bogs in France. The reserve occupies 148 hectares managed by the Boucles de la Seine Normande Regional Natural Park. Camargue horses and Highland cattle help to naturally maintain the balance of fauna and flora.

Visits for individuals on Wednesdays in July and August at 14.00. Reservations required
Tel. +33(0)2 35 37 23 16.

**The Courtils of Bouquelon**
Private Natural Reserve managed by an association. Trail open to the public from April 1 to November 31.
courtilsdebouquelon.wordpress.com
Visits for groups by appointment: courtils.de.bouquelon@gmail.com

**Where to sleep**

Guest houses and rental cottages
visit-bourneville.com

Residential Park
marronniers-normandie.com

**Where to eat**

"Auberge de l’Étampage”
Le Bourg
27680 Marais-Vernier
Tel. +33 (0)2 32 57 61 51
aubergeetampage@orange.fr

Restaurants: Bourneville-Sainte-Croix
Tel. +33 (0)2 32 80 18 38

**Worth knowing**

All shops and services: Bourneville-Sainte-Croix.

Apple festival: Sainte-Oppurune-la-Mare, first Sunday in October.

For more tourist informations

*Office de Tourisme*
6, Grande Rue
27500 Bourneville-Sainte-Croix
officedetourisme@roumoiseine.fr
tourisme-quillebeuf.com
Tel. +33 (0)2 32 57 32 23

*Eure Tourisme*
eure-tourism.com
A few steps from Pont-Audemer, these ponds are the ideal place to get to know the fauna and flora of the wetlands. The islands offer protection to the gregarious birds who gather there to roost. There are many aquatic birds, such as passerines. The site is rich in species of dragonflies, seen near ponds and along the banks of the river. There are many different paths to explore and discover.
Birds that can be seen here

All year round
Cattle egret, Great egret.

Spring / Summer
Osprey, Hobby, Marsh warbler, Grasshopper warbler.

Autumn / Winter
Schoveler, Pochard, Teal, Gadwall, Wigeon.

Fauna
Dragonflies, amphibians, fish.

Flora
Wild black poplar, Dactylorisa praetermissa.

Fishing in the ponds
Pike, carp, eel.

For more Informations: www.aappma2750.com

Nearby
Pont-Audemer
The “Venice of Normandy”: a medieval city built on the edge of the Risle and its channels

Activities
"Les Castors rislois"
Canoë-kayak and stand-up paddle on the river Risle.
Rue Pierre de Coubertin
27500 Pont-Audemer
lescastorsrislois@orange.fr
lescastorsrislois.fr

Base nautique Risle-Seine
French water-skiing school and wakeboard.
Open afternoons from April to October.
15, route des étangs
27500 Toutainville
club-nautique-toutainville.fr
club.nautique.toutainville@orange.fr

"Pontaugolf"
Driving range open every day.
9-hole course open April to October.
Route des Étangs
27500 Pont-Audemer
pontaugolf@gmail.com
pontaugolf.info

Attelage de la Croix Blanche
Carriage rides.
4 chemin de la Croix Blanche
27500 Toutainville
gilles.harou0436@orange.fr
Tel. +33 (0)6 13 12 25 96

Where to sleep

Guest houses
and rental cottages:
Toutainville and Pont-Audemer.
gites-de-france-eure.com
clievacances.com

Hotels: Pont-Audemer
ville-pont-audemer.fr/tourisme

Holiday cottages on stilts beside ponds, and camp grounds:
Toutainville

Where to eat

Café-restaurant "Le Bounty"
Local Normandy food and drinks, musical entertainment, walkers welcome.
5, place Henri Drevon
27500 Toutainville
chouky167@aol.com
Tel. +33 (0)2 32 41 41 17

Restaurants: Pont-Audemer

Worth knowing

All shops and services: Pont-Audemer.
Medical centres - Pharmacies - Hospital

For more tourist informations

Office de Tourisme
2, place du Gal de Gaulle
27500 Pont-Audemer
tourisme@ville-pont-audemer.fr
ville-pont-audemer.fr/tourisme
Tel. +33 (0)2 32 41 08 21

Eure Tourisme
eure-tourism.com
This hiking loop located in the Risle valley offers the opportunity to immerse yourself in a natural area covering several hundred hectares comprising woodlands, reed beds, meadows, springs, ditches and ponds. The Regional Natural Park directly manages 85 hectares. It is a real feast for naturalists, who can observe the native flora, and also seek out the many dragonflies. Passerines are found here in significant densities and bird-watching facilities are available. The Eel Trail is dotted with educational stops allowing a playful and sensory discovery of the site.
**BOUCLES DE LA SEINE NORMANDE REGIONAL NATURAL PARK**

**Birds that can be seen here**

**All year round**
White stork, Cattle egret, Great egret, Lapwing.

**Spring / Summer**
Bluethroat, Marsh warbler, Hobby, Grasshopper warbler, Honey buzzard, Golden oriole, Red-backed shrike, Yellow wagtail.

**Fauna**
Alpine newt, Agile frog, Pool frog, Tree frog, Southern damselfly, eel, Large marsh grasshopper.

**Flora**
Marsh iris, Mare’s tail (*Hippuris vulgaris)*.

**Nearby attractions**
On the outskirts of the medieval English building which houses the town hall, interpretation panels provide information about the history of the landscape and heritage of the area: panorama, thatched cottages, miraculous spring. The Beuzeville-Honfleur Tourism Office organizes tours of the town hall in season.

**Activities**
See the activities for trail no. 5, page 15.

**Where to sleep**
Guests houses and rental cottages:
Foulbec, Saint-Samson-de-la-Roque, Conteville, Saint-Pierre-du-Val.
gites-de-france-eure.com

clevacances.com

**Where to eat**
See the informations for trail no. 5, page 13.

**Restaurants:** Conteville
beuzeville-tourisme.com

**Worth knowing**
The largest nearby towns are Pont-Audemer and Beuzeville (all shops and services).

**For more tourist informations**

*Bureau d’Information Touristique*  
*Beuzeville-Honfleur*  
52, rue Constant Fouché  
27210 Beuzeville  
contact@beuzeville-tourisme.com  
beuzeville-tourisme.com  
Tel. +33 (0)2 32 57 72 10

*EureTourisme*  
eure-tourisme.com

**For more informations on nature outings for groups and individuals**
*Maison du Parc*  
76940 Notre-Dame-de-Bliquetuit  
contact@pnr-seine-normande.com  
pnr-seine-normande.com  
Tel. +33 (0)2 35 37 23 16  
Tel. +33(0)2 35 14 20 20
This route, which begins in the middle of the wet meadows, crosses rich and diverse environments leading toward the banks of the Seine. A heronry protected by a grove of trees is home to several species of herons that can be observed at leisure along the walk. The elevation of the old pier of the Bac du Hode river ferry facilitates observation of the areas of reeds and tall grasses to the east and a large reedbed to the west. Closer to the Seine, the hunting ponds in flood areas attract many water birds, as do the mudflats along the river.
Birds that can be seen here

All year round
Cattle egret, Spoonbill, Pied avocet, Bearded reedling, Marsh harrier.

Spring / Summer
White stork, Night heron, Bluethroat.

Winter
Common teal, Bittern.

Fauna
Parsley frog, Common water frogs (*Pelophylax kl esculentus*) are abundant; a few individuals of pool frogs (*Pelophylax lessonae*) have been heard.

Flora
Garden angelica, Summer snowflake.

Nearby
The Tancarville and Normandy bridges: these two cable-stayed bridges are true works of art that are part of the identity of the landscape. The Tancarville bridge, opened in 1959, is the first bridge built downstream from Rouen to connect the right and left banks of the Seine. It replaced the Bac du Hode river ferry which no longer met the demand for north-south road connections.

Lookout area in Saint-Vigor-d’Ymonville
Cap du Hode
Orientation tables evoke the history and industrial development of this part of the Seine estuary and provide information on the protection and enhancement of the environment, flora and fauna.
GPS coordinates:
latitude: 49.486900 longitude: 0.348600

Where to eat

Restaurants:
Saint-Vigor-d’Ymonville and Saint-Romain-de-Colbosc.

Worth knowing

Vival
Grocery.
Open from Tuesday to Saturday and Sunday morning.
20, route du village
76430 Saint-Vigor-d’Ymonville

All shops and services:
Saint-Romain-de-Colbosc.

For more tourist informations

Nature outings for groups and individuals
Maison de l’Estuaire
Information and booking :
Tel. +33 (0)2 35 24 80 01
From Monday to Friday
communication@maisondelestuaire.org
maisondelestuaire.org

For more tourist informations

Point Information Tourisme
Maison de l’Intercommunalité
5, rue Sylvestre Dumesnil
76430 Saint-Romain de Colbosc
pointinfotourisme@caux-estuaire.fr
caux-estuaire.fr
Tel. +33 (0)2 35 13 86 49

Seine-Maritime Tourisme
seine-maritime-tourisme.com

Where to sleep

Guest houses and rental cottages:
La Cerlangue, La Remuée, Saint-Romain-de-Colbosc
caux-estuaire.fr
gites-normandie-76.com
Starting from the Reserve Visitor Centre, this trail allows you to get to know - with dry feet - the different estuary environments that are subject to the coming and going of the tides. The vast expanses of brackish reed beds, the undisputed refuge of marshes passerines, are dotted with ponds created for hunting waterfowl. This “sea” of reeds gradually gives way to salt marshes, then to mud flats, where waders come to feed. During rising and high tides, the Seine estuary is an important refuge for ducks, geese and swans, which can be observed from the first parts of the bridge.
**Birds that can be seen here**

**All year round**
Bearded reedling, Cetti’s warbler, Marsh harrier, Common shelduck, Spoonbill, Great cormorant.

**Spring / Summer**
Bluethroat, Reed bunting, Water rail.

**Autumn / Winter**
Northern Pintail, Pied avocet, Oystercatcher.

**Fauna**
Common seal.

**Flora**
Halophilic plants (“salt-loving” plants): maritime aster, glasswort, halberd-leaved atriplex.
Observe the extent of the reeds in the reserve.

**Nearby**

**The Tancarville and Normandy bridges:** these two cable-stayed bridges are true works of art that are part of the identity of the landscape.
The Normandy bridge, opened in 1995, connects Le Havre to Honfleur. It is a technological wonder, at 2,141 metres in length and with pylons reaching 214 metres in height.

**Lookout area in Sandouville**
Orientation tables evoke the history and industrial development of this part of the Seine estuary and provide information on the protection and enhancement of the environment, flora and fauna. Picnic tables.
**Lieu-dit Le vachat**
GPS coordinates: latitude: 49.491630 longitude: 0.304400

**La salle de l’Avocette**
The Avocet Room, managed by the Estuary Visitor Centre, presents a permanent exhibition dedicated to the National Natural Reserve of the Seine Estuary. Here you can discover the different faces of the natural reserve, past and present, natural and human.
Open from March to October on Wednesdays and weekends from 14.00 to 18.00.
**For more information, contact the Estuary Visitor Centre.**

**Where to sleep**

**Guests houses and rental cottages:**
La Cerlangue, La Remuée, Saint-Roman-de-Colbosc.
caux-estuaire.fr
gites-normandie-76.com

**Where to eat**

**Restaurants:** Sandouville and Honfleur.

**Worth knowing**

**All shops and services:**
Saint-Romain-de-Colbosc and Honfleur.

---

**For more tourist informations**

**Point Information Tourisme**
Maison de l’Intercommunalité
5, rue Sylvestre Dumensnil
76430 Saint-Romain de Colbosc
pointinfotourisme@caux-estuaire.fr
caux-estuaire.fr
Tel. +33 (0)2 35 13 86 49

**Seine-Maritime Tourisme**
seine-maritime-tourisme.com

**Office de Tourisme**
Quai Lepaulmier
14600 Honfleur
ot-honfleur.fr
Tel. +33 (0)2 31 89 23 30
# Observation periods on the different sites

## Months of the year

<table>
<thead>
<tr>
<th>Birds</th>
<th>J</th>
<th>F</th>
<th>M</th>
<th>A</th>
<th>M</th>
<th>J</th>
<th>A</th>
<th>S</th>
<th>O</th>
<th>N</th>
<th>D</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bearded reedling</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>18, 20</td>
</tr>
<tr>
<td>Bittern</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12, 18</td>
</tr>
<tr>
<td>Black woodpecker</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10</td>
</tr>
<tr>
<td>Bluthroat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12, 16, 18, 20</td>
</tr>
<tr>
<td>Cattle egret</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>14, 16, 18</td>
</tr>
<tr>
<td>Cetti's warbler</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 8, 12, 16, 18, 20</td>
</tr>
<tr>
<td>Common pochard</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 8, 14</td>
</tr>
<tr>
<td>Common teal</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12, 14, 18</td>
</tr>
<tr>
<td>Corncrake</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 18</td>
</tr>
<tr>
<td>Gadwall</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>8, 12, 14</td>
</tr>
<tr>
<td>Golden oriole</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 12, 16</td>
</tr>
<tr>
<td>Grasshopper warbler</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 8, 14</td>
</tr>
<tr>
<td>Great white egret</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 8, 10, 12, 14, 16</td>
</tr>
<tr>
<td>Hawfinch</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10, 12</td>
</tr>
<tr>
<td>Hobby</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10, 12, 14, 16, 20</td>
</tr>
<tr>
<td>Honey buzzard</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10, 12, 16</td>
</tr>
<tr>
<td>Lesser whitetroat</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>8, 18, 20</td>
</tr>
<tr>
<td>Little owl</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10, 12, 18</td>
</tr>
<tr>
<td>Marsh harrier</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12, 18, 20</td>
</tr>
<tr>
<td>Marsh warbler</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 8, 12, 14, 16</td>
</tr>
<tr>
<td>Melodious warbler</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>8, 18</td>
</tr>
<tr>
<td>Middle spotted woodpecker</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10</td>
</tr>
<tr>
<td>Nightjar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 10</td>
</tr>
<tr>
<td>Northern lapwing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>Northern goshawk</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>Osprey</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>12, 14, 20</td>
</tr>
<tr>
<td>Peregrine falcon</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10, 20</td>
</tr>
<tr>
<td>Red-backed shrike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>Spoonbill</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>18</td>
</tr>
<tr>
<td>White stork</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6, 12, 16, 18, 20</td>
</tr>
</tbody>
</table>
BOUCLES DE LA SEINE NORMANDE
REGIONAL NATURAL PARK

A Paradise for Birds

More than 300 species of birds have been identified across the territory of the Park. The numbers are significant and vary with the seasons according to the periods of breeding and migration.

An area defined as a “Regional Natural Park” since 1974

There are 51 Regional Natural Parks in France. The Boucles de la Seine Normande Regional Natural Park is located in Normandy, along the Seine Valley between the towns of Le Havre and Rouen. The park incorporates 77 parishes and covers a surface area of 89,700 hectares, of which 24% comprises wetlands and water bodies, and 26% forests.

Diverse landscapes and environments
The valleys of the River Seine and its tributary rivers, the plateaux of Caux and the Roumois,