BOUCLES
DE LA SEINE NORMANDE
REGIONAL NATURE PARK

# Where to watch birds

A different world is waiting











REGIONAL NATURE PARK

# A paradise for birds

Over 300 species of birds have been identified in the park. There are a large number of birds, whose numbers vary according to the seasons and breeding or migration periods.

## The area has been recognised as a Regional Nature Park since 1974

There are 56 Regional Nature Parks in France. The Boucles de la Seine Normande Regional Nature Park is situated along the Seine Valley between the cities of Le Havre and Rouen in Normandy. Its boundaries include 75 municipalities with 106,000

inhabitants; 24% of its 89,700 ha are wetland or aquatic habitats and 30% is forest.

#### A variety of landscapes and habitats

The valleys of the Seine and its tributaries, the plateaux of Caux and Roumois, as well as the hillsides and alluvial terraces, offer a range of

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landscapes, environments and habitats that are home to a rich and distinctive biodiversity of national, if not international, importance (Ramsar, Natura 2000, ZNIEFF, etc.).

#### Pathways perfect for observing

The Park's location beside the river and sea make it of vital importance to the birds. The large estuary comprises various habitats, including mudflats, meadows, cliffs and forests, and is home to up to 300 species. The wetlands and aquatic habitats are host to the greater part of the birds.

The Park has published two brochures to help make birdwatching easier, and which can be downloaded from the park's website. The 'Birds of the marshes' brochure allows you to learn about the region's principal species and the 'Where to watch birds' brochure suggests footpaths that are ideal for birdwatching.





A 'Birdwatching and nature walks' interactive map is also available on the **pnr-seine-normande.com** website.

A QR Code takes you to the **mobile version** of the map.



#### BIRDWATCHING BREAK

## Discovering the birds of the Seine Valley

LPO Normandie (Birds Protection League) and the Escursia travel

agency invite you to explore the Seine Valley's landscape and natural environment and get to know the many species living there.

Over the course of three days, learn about local biodiversity and the birds of the Heurteauville wetland (trail no. 5), the reed beds (trail no. 12), and the limestone hillsides and alluvial terraces of Amfreville-sous-les-Monts ( outside the Park's territory, between Rouen and Giverny).

## To find out more: escursia - voyager curieux

escursia.fr lpo@escursia.fr +33 (0)2 53 35 40 29



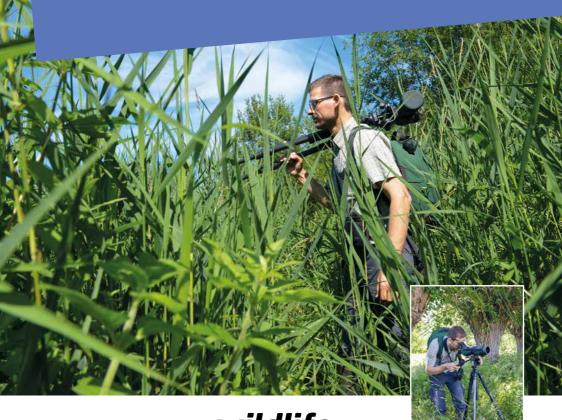
#### REGIONAL NATURE PARK VALUES

The Valeurs Parc Naturel Régional national hallmark was created by the Fédération des Parcs Naturels Régionaux de France, in order to reward products and services offered by companies committed to sustainable economic development.

The hallmark guarantees for consumers an ecotourism venture where environmental and human well-being is safeguarded by local people who value their region.



DES BOUCLES DE LA SEINE NORMANDE



Where to observe **Wildlife** 

The territory covered by the Boucles de la Seine Normande Regional Nature Park is home to a wealth of biodiversity, spanning rivers, wetlands, lakes & ponds, limestone hillsides, forests and farmland.

The majority of the former Haute-Normandie region's conservation areas are found here. The extensive woodlands, including the Brotonne, Trait-Maulévrier and Roumare National Forests, harbour large wild mammals such as red deer, roe deer and wild boar, as well as badgers, foxes and squirrels. In some loops of the river, Melolonthae (cockchafer) regularly swarm in the spring, and Lucanus cervus (stag beetle) is a locally common species.

The forest ponds are of interest due to newts (including the alpine newt) and dragonflies such as Cordulia aenea and Aeshna cyanea. Hedgerows and orchards are strewn across the area and these wooded areas bordering the plains are a haven for insects, such as Osmoderma eremita (hermit beetle, to the east of the territory) or the Midas tree-weaver spider (Midia midas).

Agricultural activity on the plateaux has created ponds rich in amphibians (the agile frog, four species of newts, and more). A diverse flora is found, including cattails, common water crowfoot, sweet grasses and water-starworts. They're also the kingdom of more than 40 species of dragonflies, including Crocothemis erytrhaea. Butterflies can be seen, such as the swallowtail or the wood white. The Gyrllus campestris cricket lives on embankments and meadows

There's a profusion of life in the marshes. The vegetation is typical of wetlands (marsh iris, grassy rush, marsh orchid, pondweeds, as well as water violet and bog pimpernel, both protected at the regional level). Other amphibian species also live here (European tree frog, common parsley frog, natterjack toad, among others). Dragonflies are numerous, and other interesting

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species are present, such as Libellula fulva, Coenagrion scitulum, Ischnura pumilio and Coenagrion pulchellum. The Mazarine blue butterfly frequents the wetlands. Other native insects found in these environments are Gryollotalpa, Stetophyma grossum, and even Copris lunaris in the Marais Vernier.

The Mercury Agrion, the Villequier snail (endemic mollusc) and salamanders are species of note found near springs. The valley's bodies of water provide habitats for many fish species. The watercourses (Corbie. Austreberthe. etc.) that flow into the Risle and the Seine constitute important migration routes and breeding grounds for salmon, sea trout, or lamprey. Eel come here to mature. Estuarine fish, such as flounder. European smelt and thin-lip mullet, all visit the Seine for part of, if not all, their life cycle. The mudflats close to the Pont de Normandie bridge act as nurseries for benthic fauna (molluscs, crustaceans), migratory birds and fish.







#### **Pollard trees**

These curious trees are often willow, alder ans ash trees in the damp soils of the valleys, and hombeams or oaks in the bocage landscapes of the plateaux, which have drier soils. Their regular size forms a characteristic bulge topped by a crown of branches. They are an ecosystem in itself. Their hollow cavities are often home to small mammals, insects such as the hermit beetle and cavity-nesting birds such as the little owl.



#### Marsh, iris,

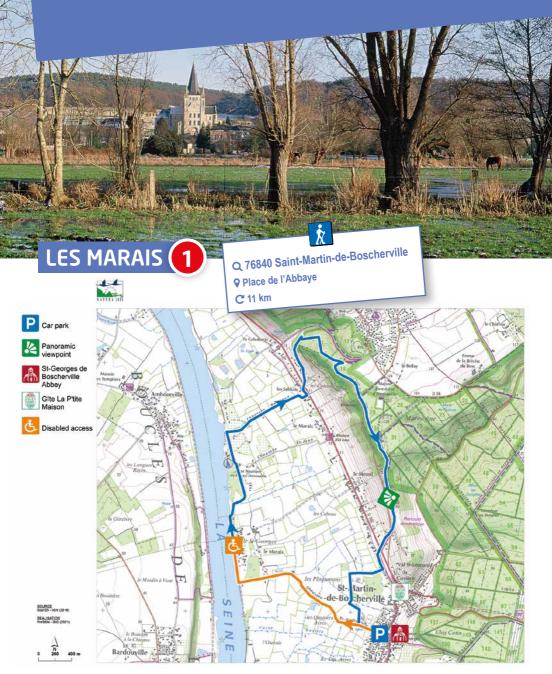
Also known as the yellow iris, it is recognised by its long green leaves and its yellow flower, which resembles a *fleur de Lys* and blossoms in June. It grows in tufts in wetlands and floodplains.



#### Clos:masure,

The clos-masure is a typical example of the rural dwelling and agriculture of the Pays de Caux. It comprises an enclosure surrounded by an embankment planted with tall trees (beech, ash, oak) and containing an orchard, farmhouse, farm buildings and a pond.





This route lets you discover the Seine Valley's landscape, biodiversity and rich heritage of buildings. You pass through one of the best areas in the Regional Nature Park for Corncrakes and wetland birds in general. The numerous hedges that surround the wetland are home to many nesting birds, including the Little Owl. The forests that overlook the valley shelter birds of prey, woodpeckers and large mammals.

All year round: Cetti's warbler. Black woodpecker. Middle spotted woodpecker, Great egret.

Spring - Summer: Marsh warbler, Golden oriole, Honey buzzard, Corncrake, Whinchat, White stork, Hobby, Common grasshopper warbler, Nightjar, Nightingale, Common sandpiper.

#### Fauna

Wild boar, deer, alpine newt, great crested newt, agile frog. spadefooted beetle, swallowtail. various azure & marbled white butterflies, emperor dragonfly, damselflies.

#### Flora

Narrow-leaved water-dropwort, ragged-robin, Autumn crocus, vellow rattle.

#### Places open to visitors

#### Saint-Georges-de-Boscherville Abbey

Built in the 12th century. Open all year round. Admission fee.

abbayesaintgeorges.fr

#### Manoir de l'Aumônerie

Former Templar farm. Medicinal herb garden in a medieval enclosure. Open at weekends from 1st April to 31st October. Free admission.

54 chemin Saint-Gorgon 76840 Saint-Martin-de-Boscherville manoirdelaumonerie fr

#### Things to do

#### **Espace Normandie Aventure**

Aerial adventure course in the forest.

Val Saint-Léonard

76840 Saint-Martin-de-Boscherville espaceaventuresnormandie.com

#### Parc animalier de Roumare

The Roumare forest between Rouen and Saint-Martin de Boscherville is home to a 26-hectare enclosure containing deer, fallow deer, roe deer and wild boar in their natural environment.

Open all year round. Free admission. Pedestrians and non-motorised transport (bikes, rollerblades, etc.). Accessible to PRM, pushchairs.

#### Association AGV - VISITER

Outdoor activities: archery, bicycle rail (leaving from Saint-Paër), canoeing (leaving from Saint-Pierre-de-Varengeville).

4, Le Valnaye - 76113 Saint-Pierre-de-Manneville agv-visiter.fr - +33 (0)2 35 34 17 32

#### Where to stay

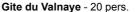
Gîte La P'tite Maison - 3 pers.

20 route du Mesnil 76840 Saint-Martin-de-Boscherville

gites-normandie-76.com \$ - +33 (0)2 35 60 73 34

#### Gite Le Verger de Belaître - 12 pers.

31 Route de Belaitre - 76840 Quevillon qites-normandie-76.com -+33 (0)2 35 60 73 34



4, Le Valnaye - 76113 Saint-Pierre-de-Manneville agv-visiter.fr - +33 (0)2 35 34 17 32

#### Where to eat

Restaurants: Saint-Martin-de-Boscherville

#### **Additional** info

Doctor's surgery, pharmacy, bakery: Saint-Martin-de-Boscherville

Public transport:



• Rouen Normandie Tourisme et Congrès 25. place de la Cathédrale

76000 Rouen

accueil@rouentourisme.com rouentourisme.com # - +33 (0)2 32 08 32 40

Seine-Maritime Attractivité





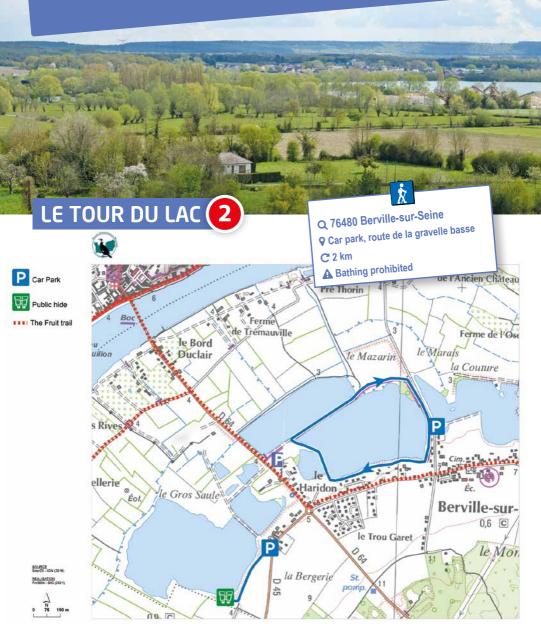












Near the orchards, wet meadows and woods, several bodies of water in former aggregate quarries occupy this loop of the Seine. The waterbirds they attract can be easily observed all year round. A large number of ducks spend the winter here. In spring, the song of passerines can be heard coming from bushes and hedges.

Near the path managed by the GON (Normandy Ornithological Group), there's an observatory on the water to the south (see map).

#### All year round

Great egret, Great-crested grebe.

#### Spring - Summer

Melodious warbler, Nightingale, Cetti's warbler, Lesser whitethroat, Common grasshopper warbler, Common reed warbler, Common sandpiper.

#### Autumn - Winter

Tufted duck. Common pochard, Northern shoveler, Gadwall,

#### Fauna

Natteriack toad, common toad, scarab beetle. sand lizard.

#### Flora

Cornflower

#### What to see nearby

The Fruit trail runs for 62 km from Notre-Damede-Bliquetuit to Duclair in the loops of Jumièges and Anneville-Ambourville, where this walk is located. You can meet local fruit growers and enjoy seasonal red fruit and berries, cherries, plums, apples and pears.

For more information, the Route des fruits brochure is available at: pnr-seine-normande.com

#### Things to do

#### Club de voile CVAS

#### Dinghy sailing.

653, route du Marais Brésil

#### Where to stav

seine-maritime-tourisme.com gites-normandie-76.com

#### Where to eat

Restaurants: Duclair.

#### **Additional** info

#### General store

394. rue Monseigneur Lemonnier 76480 Anneville-Ambourville

Shops and services: Duclair.

#### Public transport:

Bus no. 30. Rouen > Caudebec-en-Caux (stop 'Duclair'), then cross-river ferry. commentivvais.fr \$\square\$

#### The Seine ferries

The Berville-sur-Seine/Duclair ferry is an delightful way to cross the Seine. Runs every day. Free service.

Timetable: seinemaritime.fr

Crossing on horseback is permitted under certain conditions: +33 (0)2 35 05 62 29

# **For more** tourist info

• Rouen Normandie Tourisme et Congrès 25, place de la Cathédrale **76000 Rouen** 





The alluvial wetland in Le Traitis an unspoilt landscape of grazed meadows, reedbeds and some woodland, which attracts many typical wetland species. A colony of herons and storks has established itself alongside the path. This lovely area is nestled between the Malaquis business park and the houses at the foot of the hillside. The 3 km trail through the Trait wetland provides a good insight into the site's ecological diversity and the many native species it shelters. Camargue horses and Highland cattle graze the land to prevent it from becoming overgrown. These hardy animals are ideally suited to the difficult conditions of a marshy environment.

Several walking trails on the wooded hillside of Trait-Maulévrier Forest complement the wetland trail by providing an opportunity to observe forest species and enjoy a beautiful panorama of the area.

#### All year round

Grey heron, Little egret, Reed bunting, Bullfinch, Meadow pipit.

#### Spring - Summer

A mixed colony of White stork and Grey heron, Corncrake, Reed warbler, Nightingale, Reed warbler

#### Autumn - Winter

Eurasian sparrowhawk, Cetti's warbler, Crested lapwing, Common grasshopper warbler, Linnet, Great egret, Common whitethroat.

#### Fauna

Green tree frog, spotted newt, eel, blue-eyed hawker, common moth, orange-tip butterfly.

#### Flora

Marsh chickweed, creeping thistle, common bladderwort, adder's tongue, English broom.

#### Places open to visitors

#### Saint Wandrille Abbey

Abbey occupied by a community of Benedictine monks. Open all year round. Free access outside. Guided tours available for a fee.

st-wandrille.com - +33 (0)2 35 96 23 11

#### Château du Taillis

August 1944 museum.

Hameau de Saint-Paul - 76480 Duclair chateaudutaillis.com

#### What to see nearby

The Fruit trail runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair in the loops of Jumièges and Anneville-Ambourville, where this walk is located. You can meet local fruit growers and enjoy seasonal red fruit and berries, cherries, plums, apples and pears.

For more information, the *Route des fruits* brochure is available at: pnr-seine-normande.com.

#### Where to stay

## Gîtes du manoir du Perroy 2 & 4 pers.

325 route de Rançon - 76490 Rives-en-Seine booking.com/hotel/fr/le-manoir-du-perroy.fr.html \$\pi\$ +33 (0)6 62 62 89 65

#### Where to eat

#### Restaurants:

Le Trait, Jumièges, Duclair, Saint-Wandrille-Rançon.

#### **Additional** info

All shops and services: Le Trait

#### Public transport:

Bus no. 30, Rouen > Caudebec-en-Caux (stop 'Le Trait – Passage à niveau') commentiyvais.fr

**Bike hire:** Jumièges (Tourist information office), Notre Dame de Bliquetuit (Regional Nature Park, Maison du Parc), Caudebec-en-Caux.

#### **For more** tourist info

+33 (0)2 32 08 32 40

 Bureau d'informations touristiques de Jumièges
 Rue Guillaume le Conquérant 76480 Jumièges +33 (0)2 35 37 28 97

**ூ** Seine-Maritime Attractivité seine-maritime-tourisme.com **₹** 





This route takes you from the wetlands and orchards of Jumièges to the Brotonne Forest. It's an ideal trail for seeing the varied landscape of the Seine Valley and the wealth of species it harbours. Birds of prey are numerous, due to the forest's proximity. Peregrine falcons can be seen from the Jumièges loop towards the cliffs that border the Brotonne Forest.

#### Birds to watch for

#### All year round

Northern goshawk, Peregrine falcon, Black, Green, Lesser-spotted & Middle spotted woodpeckers, Little owl, Great egret, Hawfinch.

#### **Spring - Summer**

Honey buzzard, Hobby, Spotted flycatcher, Osprey, Common sandpiper.

#### **Fauna**

Wild boar, red squirrel, pine marten, alpine newt, agile frog, green tree frog, forest dragonflies.

#### Flora

Common yew on the ledges, Solomon's seal, hart's-tongue fern, wood hyacinth.

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#### Places open to visitors

#### Jumièges Abbey

The ruins of the former Benedictine abbey of Jumièges. Open all year round. Entrance fee. abbayedejumièges.fr 

→ +33 (0)2 35 37 24 02

#### What to see nearby

The Fruit trail runs for 62 km from Notre-Dame-de-Bliquetuit to Duclair in the loops of Jumièges and Anneville-Ambourville, where this walk is located. You can meet local fruit growers and enjoy seasonal red fruit and berries, cherries, plums, apples and pears.

For more information, the *Route des fruits* brochure is available at: pnr-seine-normande.com.

#### Things to do

#### Base de loisirs de Jumièges Le-Mesnil

Swimming, water sports, adventure planet and more. Accommodation for groups by reservation. Catering.

76480 Mesnil-sous-Jumièges basedejumieges.com ₩

#### Golf de Jumièges

Accommodation for groups by reservation. Lunchtime dining, except Mondays and Wednesdays.

76480 Mesnil-sous-Jumièges aolfdeiumieges.eu

#### Where to stay

#### Gîte Domaine de la Renardière

2 pers.

350 impasse de la Renardière 76940 Arelaune-en-Seine +33 (0)2 35 60 73 34 / +33 (0)6 09 22 24 97 gites-normandie-76.com **3** (réf. : G5052)

## Gite Chez Cocotte et Poulette 2 pers.

11 rue du Mont Gignard - 27350 Hauville +33 (0)6 31 61 14 87

chezcocotteetpoulette.wordpress.com

#### Gîte de la Forêt

8 personnes

Rue du parquet - 76940 Vatteville-la-Rue le-gite-de-la-foret.fr - +33 (0)6 03 81 17 63

#### Where to eat

#### Restaurant L'auberge des ruines

17 place de la mairie - 76480 Jumièges auberge-des-ruines.fr \$\mathbb{F}\$ - +33 (0)2 35 37 24 05

# ▲ Hunting takes place in the Brotonne forest

To find out the hunt calendar and the plots concerned, consult the website:

L'Office National des Forêts (Seine-Nord region) onf.fr/enforet/brotonne

#### Additional info

**Doctor's surgery, all shops and services:** Jumièges & Arelaune-en-Seine.

**Pharmacy:** Yainville & Arelaune-en-Seine.

#### **Public transport:**

Bus no. 30, Rouen > Caudebec-en-Caux.

**Filo'r** (on-demand public transport by reservation only): reseau-astuce.fr

Bike hire: Jumièges (tourist information office).

#### The Seine ferries

The Berville-sur-Seine/Duclair ferry is an delightful way to cross the Seine. Runs every day. Free service

Timetable: seinemaritime.fr

Crossing on horseback is permitted under certain conditions: +33 (0)2 35 03 55 55

# For more tourist info

**6** Seine-Maritime Attractivité seine-maritime-tourisme.com

#### IUMIÈGES

• Bureau d'information touristique Rue Guillaume le Conquérant 76480 Jumièges - +33 (0)2 35 37 28 97

#### **HEURTEAUVILLE & ARELAUNE-EN-SEINE**

Office de Tourisme Caux vallée de Seine Place du Général de Gaulle 76490 Caudebec-en-Caux office@normandie-caux-seine-tourisme.com entreseineetmer.fr

+33 (0)2 32 70 46 32



The Heurteauville peat bog lies in the Brotonne loop of the Seine at the foot of the forest of the same name. This outstanding unspoilt area is owned by the Département de Seine-Maritime and the Regional Nature Park and covers more than 250 ecologically-managed hectares. The Park maintains part of the site with the help of hardy Camargue horses and Highland cattle, which are now an integral part of the ecosystem. This distinctive peaty zone in the Seine Valley has a rich biodiversity and has been recognised and protected in several respects: ZNIEFF, Sensitive Natural Area, Natura 2000.

As well as remarkable fauna and flora (13 species of bats, 24 species of dragonflies, dormice, royal fern, sundew, bog-myrtle, etc.), the Heurteauville peat bog has more than 153 species of birds!

Part of the site has been developed to accommodate the public and three interpretation trails allow you to explore. You can make fascinating observations throughout the site! The site also includes an free exhibition open to the public.

#### All year round

Grey heron, Cattle egret, Little egret, Great egret and Great cormorant are present as breeding colonies or roosting in autumn and winter. Eurasian bullfinch, Reed bunting.

#### Spring - Summer

Osprey, Hobby, Corncrake, Red-backed shrike, European oriole, Willow warbler, Nightingale, Com sandpiper.

#### Autumn - Winter

Kingfisher, Northern shoveler, Common pochard, Tufted duck, Gadwall.

#### Fauna

Praying mantis, dragonflies(scarce blue-tailed damselfly, four-spotted chaser), butterflies (purple emperor), amphibians, eel, stickleback.

#### Flora

Alisma, great-fen sedge, round-leaved sundew, marsh fern.

#### Places open to visitors

#### Maison du Parc

Explore the old farmyard and buildings. Open all year-round. Free entry.

pnr-seine-normande.com - +33 (0) 02 35 37 23 16

#### Jumièges Abbey

Ruins of the old Benedictine Abbey of Jumièges. Open all year-round. Entry fee.

abbayedeiumieges.fr \$\sigma - +33 (0) 02 35 37 24 02

#### Places in Roumois Terres vivantes en Normandie Open part of the year. Entry fee.

27350 Routot: Maison du lin Flax & linen exhibition

+33 (0)2 32 56 21 76

27350 Hauville : Moulin à vent windmill

+33 (0)2 32 56 57 32

27350 La Haye-de-Routot: Four à pain traditional bred oven: +33 (0)2 32 57 07 99

Musée du sabot. Chaumière aux orties. Jardin des herbes sauvages The Clog Museum,

the Nettle Cottage, the Wild Herb Garden +33 (0)2 32 57 59 67

#### For more of all sellmos

• Office de Tourisme Caux vallée de Seine La maison de la rando et du trail Place du Général de Gaulle 76490 Rives-en-Seine office@entreseineetmer.fr entreseineetmer.fr.com

Seine-Maritime Attractivité seine-maritime-tourisme.com

#### What to see nearby

The Fruit trail runs for 62 km from Notre-Damede-Bliquetuit to Duclair in the loops of Jumièges and Anneville-Ambourville, where this walk is located. You can meet local fruit growers and enjoy seasonal red fruit and berries, cherries, plums, apples and pears.

For more information, the Route des fruits brochure is available at: pnr-seine-normande.com.

#### Thinas to do

#### Horseriding in the Brotonne Forest:

Les Écuries de Brotonne 1486 Cote de Caveaumont 76940 Arelaune-en-Seine ecuries-de-brotonne com

#### Full moon

Rue de la Mare, le Wuy 76940 Arelaune-en-Seine fullmoon fr

**Quarter Horse Dream** 

3789 le Wuy - 76940 Arelaune-en-Seine +33 (0)2 35 05 10 06

#### Where to stay

#### Gîte Domaine de la Renardière - 2 pers.

350 impasse de la Renardière 76940 Arelaune-en-Seine +33 (0)6 09 22 24 97

gites-normandie-76.com (réf. : G5052)

Gite Chez Cocotte et Poulette - 2 pers. 11 rue du Mont Gignard - 27350 Hauville

+33 (0)6 31 61 14 87 chezcocotteetpoulette.wordpress.com

#### Gîte de la Forêt - 8 pers.

Rue du parquet - 76940 Vatteville-la-Rue le-gite-de-la-foret.fr - +33 (0)6 03 81 17 63



#### Where to eat

Restaurants: Arelaune-en-Seine & Jumièges.

#### Restaurant L'auberge des ruines

17 place de la mairie - 76480 Jumièges auberge-des-ruines.fr 3 - +33 (0)2 35 37 24



#### **Additional** info

Doctor's surgery, shops and services: Arelaune-en-Seine

## **Activities for groups**

Group visits are organised from time to time by the Département de Seine-Maritime.





Villequier benefits from concave riverbanks allowing the town to nestle between the Seine and the wooded slopes. The steepness of the slope means that typical gully woodlands are found. Ageing and fallen trees create habitats for many species, so the forest is bustling in all seasons. While walking, the gently sloping banks of the Brotonne loop will be visible on the other side of the Seine. With its three cliffs, the village is undoubtedly the territory of the Peregrine falcon, which can mostly be seen from January to May. It finds prey among the woods and in the marshes along the Seine, without forgetting the number of jackdaws and pigeons in the town.

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#### Birds to watch for

#### All year round

Peregrine falcon, Jackdaw, Black woodpecker, Great black-backed gull, Northern goshawk.

#### Spring - Summer

Honey buzzard, Hobby, Common sandpiper.

#### Fauna

Harbour seal, Villequier freshwater snail, whitefooted crayfish. European stag beetle.

#### Flora

Hanging and thin-spiked wood sedges, mountain elm.

#### Things to do

#### Musée Victor Hugo

Maison Vacquerie - Musée Victor Hugo Rue Ernest Binet - 76490 Rives-en-Seine museevictorhugo.fr 

- +33 (0)2 35 56 78 31

MuséoSeine, le musée de la Seine Normande The history of the Seine, the people and the landscape from prehistory to the present day. Rue Winston Churchill - 76490 Rives-en-Seine museoseine.fr - +33 (0)2 35 95 90 13

#### Mini golf de Rives-en-Seine

76490 Rives-en-Seine entreseineetmer.fr ₩

#### Poney-Club Poney pour tous

107, route des Châteaux - 76490 Rives-en-Seine poneyspourtous.ffe.com

#### Where to stay

entreseineetmer.fr ₩ gites-normandie-76.com ₩

#### Where to stay

#### Restaurants:

Norville, Caudebec-en-Caux

#### Additional info

#### Shops

and services:

Villequier, Caudebec-en-Caux

### For more tourist info

Seine-Maritime Attractivité seine-maritime-tourisme.com



It is a small mollusc found in the tufaceous springs and endemic to the







This trail crosses plateau, hillside and wetland, providing a real «plunge» into the heart of the vast, 4,500-ha amphitheatre of the Vernier wetland. Created by an earlier meander of the Seine, the Marais Vernier and its Grand'mare lagoon are situated on a significant bird migration corridor and, therefore, greatly important within the Seine estuary. The wetland is indeed of international importance, holding a Ramsar classification since 2015. An observatory set up on the Grand'Mare Game and Wildlife Reserve allows you to survey the lagoon and its surroundings and watch reedbed birds in the summer. In the Autumn, many migratory ducks come to enjoy the tranquillity. The wetland is bordered by hedges and orchards, which are home to numerous owls. The trail's southwestern section allows you to enter the wetland and explore an original peaty woodland.

#### All year round

Great egret, Marsh harrier, Little owl, Black woodpecker, Spotted woodpecker, White stork.

#### Spring - Summer

Buethroat, Osprey, Honey buzzard, Hobby, Marsh warbler, Golden oriole.

#### Autumn - Winter

Northern shoveler, Gadwall, Common teal, Widgeon, Bittern, Northern goshawk.

#### Fauna

Wild boar, red squirrel, alpine newt, agile frog, pool frog. common moth.

#### Flora

Marsh iris, marsh marigold, flowering rush, marsh fern, reed bed.

#### What to see nearby

#### La route des chaumières

The thatched cottage trail runs for 53 km from the Maison du Parc to the Marais Vernier, towards the mouth of the Seine, and showcases these traditional houses made from local resources of reeds, wood and clay.

For more info, the La route des chaumières brochure is available at: pnr-seine-normande.com

A bird diorama at the Grand'Mare observatory. By reservation: Fédération Départementale des Chasseurs de l'Eure

contact@fdc27.com - +33 (0)2 32 23 03 15

#### Where to stay

#### Gîte de l'ânerie - 7 pers.

54 Le Clairval - 27680 Marais-Vernier gitedelanerie.fr - +33 (0)6 73 30 50 39



#### Where to eat

#### La Tourelle Gourmande

Traditional Norman Restaurant. Closed Tues & Weds.



5 place de la Mairie 27500 Bourneville-Sainte-Croix latourellegourmande27.fr - +33 (0)2 32 42 30 22

#### Other restaurants:

Marais-Vernier, Bourneville-Sainte-Croix

#### **Additional** info

#### Shops and services:

Bourneville-Sainte-Croix

#### Bike hire:

211 bis chemin du Rov 27680 le Marais Vernier 211bis.fr 35

+33 (0)6 68 03 39 39

+33 (0)2 32 42 88 92

210 route de Sainte Croix 27500 Sainte-Croix-sur-Aizier elcaminobike@gmail.com +33 (0)6 83 00 13 79

## **Guided tours** of the Vernier Wetland National Nature Reserve

The 148 ha reserve is managed by the Boucles de la Seine Normande Regional Nature Park. Camargue horses and Highland cows naturally maintain the balance of flora and fauna. Trips for the public are organised as part of the Rendez-Vous du Parc.

Schedules and reservations at: pnr-seine-normande.com

## **Additional trail**





## Les Courtils de Bouquelon

Private nature reserve classified as a sensitive natural area. A 1.2 km discovery trail of the peaty marsh, open from 1st April to 31st November (boots required). Free admission.

courtilsdebouquelon.wordpress.com

Guided tours for groups by reservation with the organisation:

courtils.de.bouquelon@gmail.com +33 (0)2 32 42 02 37

#### For more of all selimon

Office de Tourisme

Maison de la Terre - 12 rue du Mal Leclerc Le Bosc-Roger-en-Roumois

27670 Bosroumois

roumoiseine.fr/sejourner-et-visiter

+33 (0)2 32 13 53 69

1 Eure Tourisme eure-tourisme.fr #



This trail allows you to walk through the Vernier wetland and the peat bog while discovering the charm of the village and the beautiful thatched cottages. The 4,500 ha of this former meander of the Seine is now home to one of France's most extensive peat bogs, recognised as being of international importance by the Ramsar Convention. Bordered to the north by the Seine and to the south by a wooded hillside, the Marais Vernier is situated on an important migration route along the Seine estuary and of great ornithological value. If there is flooding, the birds will still be there, but boots will come in handy!

#### All year round

White stork, Meadow pipit, Marsh harrier, Cetti's warbler, Reed bunting, Zitting cisticola.

#### Spring - Summer

Lesser whitethroat, Red-backed shrike, Marsh warbler Reed warbler. Sedge warbler. Eurasian curlew. Whinchat.

#### **Autumn - Winter**

Short-eared owl, Crested lapwing, Golden plover, Water rail. Bewick's swan (if flooding).

#### Fauna

Grass snake, European mole cricket, common parsley frog, green tree frog, great crested newt.

#### Flora

Flowering rush, frogwort.

#### What to see nearby

#### La route des chaumières

The thatched cottage trail runs for 53 km from the Maison du Parc to the Marais Vernier. towards the mouth of the Seine, and showcases these traditional houses made from local resources of reeds, wood and clay.

For more info. the La route des chaumières brochure is available at: pnr-seine-normande.com

#### Panorama over the Marais-Vernier

This viewpoint allows you to see the vastness of the Vernier wetland. From here, you can observe many species of birds through binoculars. An orientation table and educational panels explain the landscape, how the marsh was created and how man settled it.

#### **Grand-Mare Observatory**

An elevated observatory with free fixed binoculars allows a panoramic view of the Marais Vernier National Nature Reserve. Owned by the Fédération des chasseurs de l'Eure, the tower is one of the best observation posts in the valley.

→ see trail no. 7 pages 18/19

#### Where to stav

#### Gîte de l'ânerie - 7 pers.

54 Le Clairval - 27680 Marais-Vernier gitedelanerie.fr - +33 (0)6 73 30 50 39



301 chemin de la Grande Chaussée 27210 Conteville +33 (0)2 32 42 12 63 souslagarenne.fr



#### Where to eat

Restaurants: Marais-Vernier, Saint-Samson-dela-Roque, Bourneville-Sainte-Croix, Pont-Audemer

#### **Additional** info

#### Shops and services:

Pont-Audemer. Bourneville-Sainte-Croix

#### Bike hire:

211 bis chemin du Roy 27680 le Marais Vernier 211bis fr 3

- +33 (0)6 68 03 39 39
- +33 (0)2 32 42 88 92



The 148 ha reserve is managed by the Boucles de la Seine Normande Regional Nature Park. Camargue horses and Highland cows naturally maintain the balance of flora and fauna. Trips for the public are organised as part of the Rendez-Vous du Parc.

Schedules and reservations at: pnr-seine-normande.com

## Additional trail





## Les Courtils de Bouquelon

Private nature reserve classified as a sensitive natural site. 1.2 km peaty marsh discovery trail, open from 1st April to 31st November (boots required). Free admission.

courtilsdebouquelon.wordpress.com

Guided tours for groups by reservation with the organisation:

courtils.de.bouquelon@gmail.com +33 (0)2 32 42 02 37

#### For more of all sellmon

Office de Tourisme 2, place du Général de Gaulle 27500 Pont-Audemer tourisme-pontaudemer-rislenormande.com +33 (0)2 32 41 08 21

• Eure Tourisme eure-tourisme.fr 🐺





Just a stone's throw from Pont-Audemer, these lakes are the ideal place to learn about the fauna and flora of wetlands. The islands provide a sense of security for the flocks of birds that come here to roost. Waterbirds and passerines are numerous. The site is also rich in dragonfly species, which can be seen near the pools and along the banks. The various paths allow you to enjoy the biodiversity of the site.

#### All year round

Cattle heron. Great egret. Little egret.

#### Spring - Summer

Osprey, Hobby, Common grebe, Common grasshopper warbler, Common sandpiper.

#### Autumn - Winter

Northern shoveler, Common pochard, Greenwinged teal, Tufted duck, Wigeon.

#### Fauna

Common toad, pike, eel, carp, numerous dragonflies (southern damselfly, downy emerald, small red damselfly, large red damselfly, etc.).

#### Flora

Wild black poplar, southern marsh orchid.

#### What to see nearby

#### Pont-Audemer

The 'Norman Venice' is a medieval town built on the banks of the Risle and its canals

#### Things to do

#### Fishing in the pools

Pike, carp, eel.

eure-peche.com

#### Les Castors rislois

Canoeing and standup paddling on the Risle. Rue Pierre de Coubertin - 27500 Pont-Audemer lescastorsrislois fr

#### Base nautique Risle-Seine

Water ski and wakeboard school. Open April to October.

15, route des étangs - 27500 Toutainville club-nautique-toutainville.fr

#### Pont Au Golf

Route des étangs - 27500 Pont-Audemer pontaugolf.jimdo.com

#### Where to stay

Camping Risle Seine

Camping pitches, cottage rentals, eco-lodges and

bivouacs on stilts.

Route des étangs 27500 Toutainville

infos@camping-risle-seine.com camping-risle-seine.com 38 +33 (0)2 32 42 46 65

#### Where to eat

Café-restaurant: Toutainville Restaurants: Pont-Audemer

#### **Additional** info

Shops and services:

Pont-Audemer

Medical centres, pharmacies, hospital:

Pont-Audemer

Public transport:

From le Havre station, bus 900 From Bernay station, bus 420

commentivvais.fr 35

#### For more oudsthio:

Office de Tourisme 2, place du Général de Gaulle 27500 Pont-Audemer tourisme-pontaudemer-rislenormande.com +33 (0)2 32 41 08 21

• Eure Tourisme eure-tourisme.fr 🚟







This circuit in the Risle valley immerses you in several hundred hectares of unspoilt countryside, with woodland, reedbeds, meadows, springs, ditches and ponds. The Regional Nature Park directly manages 85 ha. It is a real paradise for naturalists, who can study the distinctive flora and see an abundance of dragonflies. There's a high density of passerines, making observation easier. Le sentier de l'Anguille is punctuated by learning points that provide a fun, sensory approach to the site. A colony of storks livens up the area in spring.

#### 25

#### Birds to watch for

#### All year round

White stork, Cattle egret, Great egret, Crested lapwing, Zitting cisticola.

#### Spring - Summer

Bluethroat, Reed, Marsh, Sedge & Common grasshopper warblers, Hobby, Honey buzzard, European oriole, Red-backed shrike, Spring waqtail, Spotted sandpiper.

#### Fauna

Alpine newt, agile frog, green tree frog, southern damselfly, blue hawker, eel, large marsh grasshopper.

#### Flora

Marsh iris, lesser water-plantain, southern marsh orchid.

#### What to see nearby

Around the medieval house, which serves as the town hall, information boards explain the history of the surrounding landscape and heritage, panorama, thatched cottages and miraculous spring.

#### Things to do

Check out the activities on trail no. 9, Le sentier des étangs, p. 22-23.

#### Where to stay

#### Camping Risle Seine

N. Medical

Camping pitches, cottage rentals, eco-lodges and bivouacs on stilts.

19 route des étangs - 27500 Toutainville infos@camping-risle-seine.com camping-risle-seine.com ₱ - +33 (0)2 32 42 46 65

#### Gîte « Sous la Garenne »

5 pers.

301 chemin de la Grande Chaussée 27210 Conteville souslagarenne.fr +33 (0)2 32 42 12 63

#### PARC\* NATUREL

#### Where to eat

#### Restaurants:

Toutainville, Pont-Audemer, Berville-sur-Mer

#### Additional info

#### All shops and services:

Pont-Audemer & Beuzeville

#### **For more** tourist info

⊕ Bureau d'Information Touristique Beuzeville-Honfleur 52, rue Constant Fouché 27210 Beuzeville beuzeville@ot-honfleur.fr ot-honfleur.fr ₹ -+33 (0)2 32 57 72 10

**⊕** EureTourisme eure-tourisme.com **♥** 



offered as part of the Rendez-Vous du Parc Schedule and booking: pnr-seine-normande.com



This trail begins in the middle of wet meadows. It then crosses rich and diverse surroundings to end on the shores of the Seine. A heronry protected by a grove of trees is home to several heron species, which you can see as you walk along. The raised level of the former Hode ferry landing stage makes it easier to look over the tall grass and reeds to the east and the large reedbed to the west. On the approach to the Seine, floodplain hunting ponds attract many waterbirds, as do the mudflats along the river. The second site to the east on the map is the former Millenium factory. It is now home to a large colony of storks, which can be easily spotted from the car park.

#### All year round

Cattle heron, Little egret, Marsh harrier, Common shelduck, Water rail, Zitting cisticola.

#### Spring - Summer

White stork, Night heron, Bluethroat, Bearded reedling, Marsh warbler, Reed warbler, Common sandpiper.

#### Winter

Green-winged teal, Bittern, Northern shoveler, Crested lapwing.

#### Fauna

Common parsley frog, common green frog, Pool frog, southern emerald damselfly, scarce bluetailed damselfly and ruddy darter.

#### Flora

Brackish megaphorb on the banks of the Seine: angelica, marsh celery, hemlock water-dropwort.

#### What to see nearby

The two cable-stayed **Tancarville** and Normandy Bridges are real engineering masterpieces that form part of the landscape's identity. The Tancarville bridge was the first bridge built downstream of Rouen to link the right and left banks of the Seine and inaugurated in 1959. It replaced the Hode ferry, which no longer met the demand on the north-south road links.

#### Viewpoint at Saint-Vigor-d'Ymonville

An orientation table on a platform allows you to see the coexistence of the estuarine landscape and the industrial development between the Tancarville and Normandy bridges.

Access via the route de l'Estrangle. Parking available.

## Nature excursions for groups and individuals

Maison de l'Estuaire

Information and reservations on +33 (0)2 35 24 80 01 from Monday to Friday communication@maisondelestuaire.org maisondelestuaire.org



#### Where to stav

seine-maritime-tourisme.com gites-normandie-76.com lehavretourisme.com

#### Where to eat

#### Restaurants

Saint-Vigor-d'Ymonville, Saint-Romain-de-Colbosc, Sandouville. Tancarville.

#### **Additional** info

#### Vival mini-market

Open Tuesday to Saturday and Sunday morning. 20. route du village 76430 Saint-Vigor-d'Ymonville +33 (0)2 35 24 23 41

#### All shops and services

Saint-Romain-de-Colbosc

#### For more Conflatino

🚯 Le Havre Étretat Normandie tourisme 186 boulevard Clémenceau - BP 649 76059 Le Havre Cedex contact@lehavre-etretat-tourisme.com lehavretourisme.com # +33 (0)2 32 74 04 04

Seine-Maritime Attractivité seine-maritime-tourisme.com \*\*



This site offers two discovery trails ideal for birdwatching: the sentier du marais d'Amfard trail starting from the Aire de la Baie de Seine car park and the sentier des vasières à la roselière trail starting from the Maison de la Réserve. Both allow you to enjoy the different estuarine environments influenced by the tides ebb and flow. The vast expanses of brackish reedbeds are an unrivalled refuge for the marsh-dwelling passerines and are dotted with ponds used for hunting waterfowl. This sea of reeds gradually gives way to the salt marsh, then to the mudflats on which the wading birds come to feed. At high tide, this section of the reserve is an important refuge for ducks, geese, swans and waders, which can be viewed from the bridge and the observatories in the protected area.

#### All year round

Little egret, Cetti's warbler, Marsh harrier, Shelduck, Eurasian spoonbill, Great cormorant, Curlew, Zitting cisticola.

#### Spring - Summer

Bearded reedling (present all year but particularly visible in spring), Bluethroat, Common reed bunting. Water rail. Osprev. Common sandpiper.

#### Autumn - Winter

Northern pintail, Northern shoveler, Pied avocet, Oystercatcher.

#### Fauna

Harbour seal, grey seal, common wall lizard.

#### Flora

Brackish reed bed and salt marsh: plants that thrive in salt water (sea aster, glasswort, sea bulrush, etc.).

Note the extent of the reeds in the reserve.

#### Things to see nearby

#### Salle Avocette

The Maison de l'Estuaire runs this museum space. It holds a permanent exhibition dedicated to the Estuaire de la Seine National Nature Reserve. You can learn about the different facets of the nature reserve

Open from March to October on Wednesdays and weekends from 1.30 to 5.30 pm.

For more information, contact the Maison de l'estuaire (+33 (0)2 35 24 80 00).

#### Observatories in the protected site

Two observatories have been set up on the edge of a stretch of water where birds rest at high tide. They can be reached on foot by following the 'Le marais d'Amfard' path or from the Espace préservé car park.

To get there, leave the Aire de la Baie de Seine in the direction of Le Havre, then follow the signs for 'Port 1100-4000' on Route de l'Estuaire for 3.6 km. Turn left at the sign 'Espace préservé', the car park is on the right before the railway.

#### Le belvédère de Sandouville

Orientation tables provide an understanding of the history and industrial development of this part of the Seine estuary and information on the protection and promotion of the environment. fauna, and flora, Picnic area.

Known as Le vachat

#### Where to stav

seine-maritime-tourisme.com gites-normandie-76.com lehavretourisme.com

#### Where to eat

#### Restaurants

Sandouville, Honfleur, Saint-Romain-de-Colbosc.

#### Additional info

#### All shops and services

Saint-Romain-de-Colbosc & Honfleur.

## Nature outings for groups and individuals

Maison de l'Estuaire

Information and reservations on +33 (0)2 35 24 80 01 from Monday to Friday. communication@maisondelestuaire.org maisondelestuaire.org



 Le Havre Étretat Normandie tourisme 186 boulevard Clémenceau - BP 649 76059 Le Havre Cedex contact@lehavre-etretat-tourisme.com

lehavretourisme.com

+33 (0)2 32 74 04 04

Seine-Maritime Tourisme seine-maritime-tourisme.com

• Office de Tourisme de Honfleur Quai Lepaulmier 14600 Honfleur ot-honfleur.fr #

+33 (0)2 31 89 23 30



#### Mois de l'année

#### Espèces J F M A M J J A S O N D Nos des sentiers

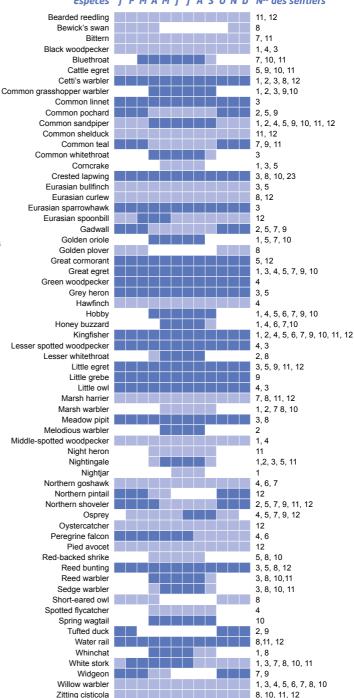




Absent

This list is not exhaustive but concerns a selection of notable species for ornithologists or a relatively knowledgeable general public.

Many species can be observed in the area.



#### THE PARTNERS

#### working to promote the important ornithological wealth



#### Maison de l'Estuaire

The Maison de l'Estuaire is the organisation that manages the Estuaire de la Seine National Nature Reserve. It acts as a link between the various stakeholders in this conservation area.

Guided tours of the reserve +33 (0)2 35 24 80 01 communication@maisondelestuaire.org maisondelestuaire.org



#### **GONm**

The Groupe Ornithologique Normand is committed to protecting wild birds and their environment in Normandy through surveys of regional birdlife, managing a network of 30 bird sanctuaries and awareness-raising and educational activities aimed at the general public, among others.

Ornithological outings on demand +33 (0)2 31 43 52 56 secretariat@gonm.org gonm.org



#### **LPO Normandie**

The Ligue pour la Protection des Oiseaux (Bird Protection League) strives to preserve biodiversity through scientific surveys and monitoring and training as well as awarenessraising activities for the general public.

Naturalist and ornithological outings +33 (0)2 35 03 08 26 normandie@lpo.fr normandie.lpo.fr



## Départements 76 & 27

The Départements work to preserve and promote natural habitats recognised as Sensitive Natural Sites. Within the Regional Nature Park territory, the Département de Seine-Maritime is responsible for the management of the Heurteauville peat bog, a very popular birdwatching site. In Fure two of the trails in this brochure are classified as Sensitive Natural Sites.

Naturalist and ornithological outings Seine-Maritime: seinemaritime.fr Fure: eureennormandie fr



#### Métropole Rouen Normandie

The Métropole Rouen Normandie is engaged in managing natural habitats, such as the Le Trait wetland. It applies practices that allow wildlife to flourish and provide a home for many rare and endangered species.

metropole-rouen-normandie.fr



#### OFB Office Francais de la Biodiversité

This national public institution is involved in the monitoring, preservation, management and rehabilitation of biodiversity. In addition, it is the owner of the Grand'Mare hunting and wildlife reserve in the Marais Vernier, a site renowned for its ornithological wealth

ofb.gouv.fr



#### Fédération des chasseurs de l'Eure

This hunt federation manages the Grand'mare Hunting and Wildlife Reserve, whose primary purpose is to accommodate migratory birds. It is involved in the census of the bird population in the significant migratory staging ground that is the Marais Vernier.

fdc27 com



#### Office National des Forêts

The ONF's Avifaune network brings together 65 ornithologists across France. A biological reserve is located in the Brotonne forest.

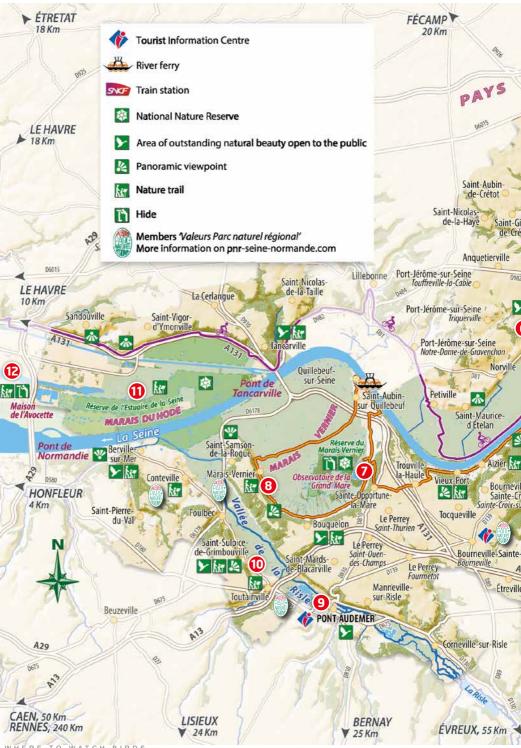
The ONF also has a partnership with the regional natural park to manage the peregrine falcon on the cliffs of the Landin

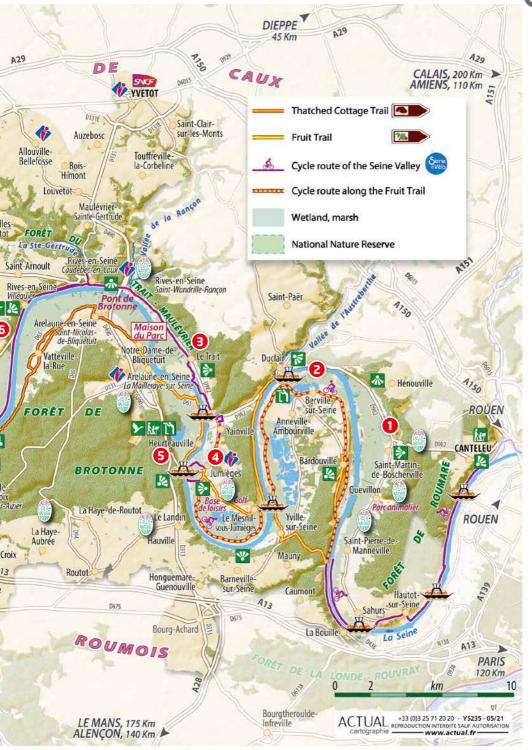
onf.fr



# You are in a Regional Nature Park

- ❷ Please stay on the paths and do not enter private
- To limit the disturbance of wild animals, please remain
- discreet and do not try to approach them.
- ❷ Do not pick protected flowers.
- ❷ Please take your rubbish with you.





## How to get there?

#### Distance from the Maison du Parc to Notre-Dame-de-Bliquetuit (76940)

Beauvais: 81 miles - 130 km

Boulogne-sur-Mer: 129 miles - 208 km

Cherbourg: 146 miles - 236 km

Dieppe: 50 miles - 81 km Le Havre: 36 miles - 59 km Deauville: 51 miles - 83 km

Mont-Saint-Michel: 147 miles - 238 km

Paris: 95 miles - 153 km

Rouen: 19 miles - 32 km via the river ferry Yainville/Heurteauville (on Sundays and bank holidays: river ferry Jumièges/Heurteauville)

#### By ferry

Portsmouth - Le Havre Newhaven - Dieppe

#### By train

Londres - Paris - Rouen Other train stations nearby: Yvetot voyages-sncf.com

#### By bus

BlaBlaBus: ouibus.com Flixbus: flixbus.fr

#### By plane

**Deauville Normandy airport** 

Deauville.aeroport.fr

Beauvais airport

Aeroportparisbeauvais.com

Paris airports Parisaeroport.fr

#### Getting around Normandy by public transport

Regional platform

Atoumod: commentiyvais.fr

#### Carpooling platforms

**National** blablacar.fr

Local

covoiturage76.net covoiturage27.net

pnr-seine-normande.com



facebook.com/pnrseinenormande













Maison du Parc naturel régional des Boucles de la Seine Normande

76940 Notre-Dame-de-Bliquetuit Tél: 02 35 37 23 16

contact@pnr-seine-normande.com GPS: 49°29'49.68 N / 0°45'31.45 E